## HOW TO WEAR IT

Special Correspondent of This Paper Writes Entertainingly to Women

#### LATEST FROM THE METROPOLIS

BY JULES THEROW.

The "easy to make" waists retain their popularity and with dainty accessories can be made quite dressy appearance. The accompanying sketch shows how a pretty effect was gained by the use of lace motifs and black velvet ribbon. The waist itself was made c. ecru voile and worn with a skirt the same shade striped with black. The upper half of the collar and lower half of the cuffs are covered with Jull old rose silk. Over the edges of the silk on the collar and cuffs are appliqued lace motifs and narrow black velvet ribbon. A wider velvet is used for the tie and the ends are finished with gilt tassels. The ribbon ties are very popular and almost any small ornaments are appropriate to use at the ends

A crushed girdle of black satin made over a canvas foundation and



a very charming frock. A similar effect on an evening waist with a round or square low neck would be very pretty. For such a waist the material would be plain white net cut with a round Dutch neck edged with light blue silk, and the motifs and narrow velvet appliqued all around the edge. The wider velvet then could be sewed below the trimming and tied in a bow in front or slightly at the side. A light blue sash would be pretty with

One of the most graceful and convenient garments to wear with a fluffy dress is the oval cape. Some are fastened together at the sides and the loop thus formed is faced back with embroidery to simulate a wide sleeve and cuff. Others are left to fall in graceful folds like the one in the illustration. In both kinds the cape itself is a long oval slashed lengthwise the center where the neck is cut out. One side laps over the other a



little and buttons diagonally in front The long, black silk scarf around the outside of the collar is finished with wilk tassels and is held at the top by the turned back points of the col lar and fancy buttons. The collar it self is like the cape and is lined with white silk and edged with an inch wide black ribbon. Most of these capes are made of the closely woven cloth that does not ravel. The edgeare left as cut with an ornamental stitching a few inches from the edge as the only finish.

The slunder effects so desirable at the present time have caused an increase in the number and popularity of the undergarments that are with out unnecessary seams and fullness at the waist. The chemise is less bulky around the waist and hips than the corset cover and skirt as separate garments.

The much ruffled effects are slightly in disfavor and the plainer hand wrought scallops and eyelets are

Mean to Do Things Thoroughly. A Chicago woman suffragist accuses Adam of being a loafer and bringing about all the trouble. It took a long time to turn the tables on the original man behind the theory that a woman is always to blame for everything, but now that the suffragettes have started to even things, it is fearful evidence of their thoroughness that they are starting at the beginning.-Baltimore

Getting Down in the Earth. A hole has been bored in Silegia to a depth of 7,000 feet.

used. A pretty and entirely new deare scalloped and buttonhole stiched



and evelets for the ribbons are work ed in the front and on the shoulders are small ribbon ties. The back and front are laced together over the shoulders and longer ribbons are laced through the eyelets below and tied loosely around the arms.

TIN WEDDING ANN VERSARY.

Some Helpful Suggestions in Regard to its Observance.

The tenth anniversary is the tin-

edding. reception is the relevation usually chosen. The invitations bound with tinfoil. The decorations for the occasion sho be " and pink flowers The him of the wedding and anniversary may be of large iin after or end out viere guests are revel ed. On the table in the dining-room six e may be, as a centerpiece, a tin pail filled with flowers and the around with broad pink by Tin caudic less with pink cancles and ...a.es. H.tl. tin dishes cont ining 'n lon'ers and cakes with pink leing are on the table. Tin plates, plant's, mul be spi is form and silused. The guests help themselves and each other, as at any standingup collation. Bouillon, dainty sandwiches of cream cheer and chop-1 nuts, chicken salad, ices and coffee are plenty to serve, and less would Souvenirs may be little fluted cake-tins filled with wedding cake in tinfoil and tied up with pink ribbons. Gifts for a tin wedding may be flowers in tin dippers; ferns or gro 'eg plants in pails or deep breadpan a bouquet in a tin funnel: two or three long-stemmed roses in an apple-corer, or tied to half a dozen ti spoons; a book enclosed in a wire broiler through which ribons are terlaced, wire baskets lined with silk and filled with bonbons. Intimate and practical friends sometimes send canned fruits, the tins concealed in pink crepe paper; a very near relative "Hed with savings.

Now It to the Soulful Girl. There are fashions to manners as well as in clothes and those delicate beings who catch the vibrations of conduct from the higher ether as operator reads his message have intimated that the em of the vigorous, rollicking girl has passed. The -lle of this winter must be a soulful, posing girl who can sit for an entire wening ith her bands lightly clasped in her lap, and who moves only her lips in speaking, not using her eyebrows, shoulders and hands. several girls are working hard to acquire repose, paraloxical as that sounds. With repose of manner has come study of how to make the eyes expressive. A girl who has millions but not great good looks, and who will bow in New York, brought an in uctor from London, just to teach nor to use her eyes and how to ac-

New Wedding Favors. The bride now present the guests at the bridal table with souvenirs in the shape of small satin slip ers. They sell by the dozen at small

quire the latest gait, an undulating

kind of glide.

Pains Often Mistaken for Rheuma-

tism, Fest the Cure. A muscle which has been strained either by overuse or by use in some unaccustomed way often gives rise to such severe symptoms as to lead to a diagnosis of some other and more serious trouble. This affection is not the same as that called myalgla, which indeed means pain in a muscle, but is usually of rheumatic or neuralgic nature. The trouble here meant is something less serious, being nothing more than a strain.

It is easy to see that any muscular pain may be mistaken for rheumatism or some acute inflammation, as it may give rise to precisely the same painful symptoms. For example, when it occurs in some muscle on the right side of the abdomen It has been known to look for a time exactly like the colic of appendicitis, and it has time and again been treated as true rheumatism.

There are several ways in which the facts may be discovered. On questioning it will be found that some muscle or certain set of muscles has been subjected to an unusual strain and is in a state of mutiny in consequence. The pain will be worse at night and better in the morning after the night's rest, proving that it has a basis of fatigue. Furthermore, it will yield entirely to a proper amount of rest. In fact this one thing - rest - comprises the

whole of the treatment. When the abdominal muscles are avolved there must be rest in bed. with perhaps some anodyne to deaden the pain at first-this, of course, to be given only under the order of a physician. In milder cases the patients can go about their usual duties if fitted properly with an abdominal belt.

When the muscles at the back of the neck are affected it is a great rerardboard cov ed tinfe and lief always to use a highbacked chair, placed corresponding in the room, and when the pain is in the arm a and when the pain is in the arm a

sling should be worn. When this condition of painful muscle is found in conjunction with a general loss of tone, as shown by lack of appetite, pallor and debility, then in addition to local rest to the particular muscle involved a general course of tonic treatment should be instituted. When the trouble can be traced directly to the daily vocation of the sufferer a change should be made in the habits for a time where this is possible. Unfortunately with most persons their daily bread will depend upon the use of just this particular muscle, and in these cases there is nothing to do but placate the part with all the rest that can be given it and help it with mechanical support for a time if this is feasible.

A Diplomat Wasted-A famous animal painter says that when he was a boy he once witnessed a fight between two dogs, one of which belonged to an Irishman who was a retired prizefighter. The Irishman's dog was badly beaten, and the fact was a source of deep chagrin to the owner. He was very jealous of his dog's record, but, as only he and the painter had seen the fight, he asked the latter, in a decidedly signimay send a tin savings-bank, well ficant way, which of the dogs won.

"Why," was the reply, "your dog won, of course. He was underneath the other dog, but he was chewing the life out of the cur all the time." "That's roight," said the Irishman. "You have saved your loife."

What Makes a Navy.

While the maritime nations of the earth are striving for the mastery of the seas through the building of gigantic vessels, we may content ourselves with the thought that here we have the men and the spirit that makes for victories. Sincerely it is to be hoped that it will be long ere we shall be called upon to test our prowess against these latest developments in naval architecture, but if the time does come we can comfort ourselves with the reflection that a gathering of ships does not make a navy-now as always it is the man behind the gun.-Washington Herald.

An Indian Alphabet. The Cherokees probably rank the highest in the Indian tribes. They were originally one of the five nations on the Atlantic coast but were transferred to the west of the Mississippi. A full-blooded member of that tribe, Sequoi, invented an alphabet for his people in 1824.

New Women in Turkey.

Is the new woman about to capture Turkey? During the recent political agitation the unheard of spectacle was to be seen at Salonica of a woman of rank, the wife of a oung Turk, paradic g unveiled through the streets - h a banner, to the delight of her husband's parti-At Monastir many women, bent on political er ands, traveled about alone.

If the is to be the result of a constitutional movement, what is to become of the prophet's strict command against women showing their faces in public? Cope will be the dream of the unrk-eyed beauties of Circassia leading lives of indolence behind the screens of the my terious harem. If t - daughters of the near east, like the daughters of Nippon, are to adopt the fashions of Paris, go in for political economy, suffragism, socialism and small families, I te British fashionables, and start women's clubs, platform campaigns and summer college courses nke their American sisters, a whole world of tradition and romance will soon disappear.

Room for More Women. Women who are dissatisfied with onditions at home may find it to their advantage to emigrate to South Africa. There is said to be a great demand for women in all sorts of work. Three hundred and fortyone women went within the year from the United Kingdom to Cape Town, most of them teachers, and all found employment.

Popularity of Some Men. There are some men who are so popular that they act as if a man ought to regard it as a privilege to have one of them regularly borrow his tobacco of him.

Red Light Shows Far. Red lights can be seen at a greator distance than green.

Women Who Wear Well.

It is astonishing how great a change a few years of married life often make in the appearance and disposition of many women. The freshness, the charm, the brilliance vanish like the bloom from a peach which is rudely handled. The matron is only a dim shadow, a faint echo of the charming maiden. There are two reasons for this change, ignorance and neglect. Few young women appreciate the shock to the system through the change which comes with marriage and motherhood. Many neglect to deal with the unpleasant pelvic drains and weaknesses which too often come with mar-riage and motherhood, not understanding that this secret drain is robbing the cheek of its freshness and the form of its

As surely as the general health suffers when there is derengement of the health of the delicate woman's organs, so surely when these organs are established in health the ree and of mat once witness to the fact in reserved comelines. Nearly a million women have found health and happiness in the use of Dr. Pierce's Favorite Prescription. vorite Prescription. It makes weak wom en strong and sick women well. Ingredi ents on label-contains no alcohol or harmful habit-forming drugs. Made

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Including even the \$25,00 and \$30.00 "Wool-	
ex."	r bale 7c Unbleached Muslin, yard, only
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Choice of \$12 and \$15 " Wool- ex" Dress Skirts, only \$7.98	5,000 yards Hitl, Cabot, Fearless or Cream of Crop Bleached Muslins, yard, only
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Secret of Contentment. To work out our own contentment we should labor not so much to in crease our substance as to moderate our desires.-Sanderson.

Many Fishes In One. It is said that the starfish has a unique way of escaping from a net when it is caught; it falls apart, into a dozen fragments, and these fragments slide through the meshes. But the strangest part of it is that each of the fragments becomes, in time, a perfect fish. The only way to preserve a starfish is to plunge it into fresh water soon after it is taken; that kills it instantly.

From Small Beginnings. Great floods have flown from little sources.—Shakespeare.

When Society Decays. The prosperity of a people is pro portionate to the number of hands and minds usefully employed. To the community, sedition is a fever, corruption is a gangrene, and idleness is an atrophy. Whatever body or society wastes more than it acquires, must gradually decay; and every being that continues to be fed, and ceases to labor, takes away something from the public stock.—Samuel Johnson.

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